

PARENT INFORMATION INTERM SWIMMING SERIES C

Monday 19th – Friday 23rd August 2024
LA4.1 (Year 4), LA6.1 (Year 5), LA6.2 (Year 5),
LA6.3 (Year 5), LA5.1 (Year 6), LA5.2 (Year 6).



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Dear parents and carers,

Please see below for further details and important information about our upcoming Interm Swimming Lessons. **Series C classes** commence on **Monday 19th August** at Cockburn Aquatic and Recreation Centre (Cockburn ARC). The lessons take place each school day up until **Friday 23rd of August**.

Why do we do Interm Swimming?

Water is part of our way of life, with thousands of kilometres of coastline and beaches, not to mention pools and of course the vast number of days of sunshine to enjoy it all. Swimming skills save lives, promote physical and mental health and wellbeing, and also are an enjoyable part of our school programs. We strongly encourage all eligible students to participate in the Interm Swimming Program.

Why are we Swimming at this time of the year?

Interm Swimming lessons are managed by the Department of Education for all Public, Catholic and Independent schools, across Western Australia, for Pre-primary up to Year 7. That's about 1000 schools to get through the program each year, and, of course, all want to go to the pool in Summer. To ensure that programs can be offered for all children, the school has to submit availability for every school term of the year, including the cooler months, and make do with what we are allocated.

While our lessons have been allocated during a cooler time of the year, students will only experience the ambient temperature in brief moments stepping from the bus into the centre, and stepping back on to the bus to return. Lessons will take place across indoor pools at Cockburn ARC, all of which are heated, year-round to 27-28 degrees Celsius.

Series C timetable, daily, Monday 19th August – Friday 23rd August 2024

Session	Rooms	Depart	Lesson Time	Return
1	LA4.1 & LA6.1	9.00am	9.20am – 10.40am	11.05am
2	LA6.2 & LA5.1	10.30am	10.55am – 12.15pm	12.35pm
3	LA6.3 & LA5.2	12.30pm	12.50pm – 2.10pm	2.30pm

Payments, consent and enrolment forms

Please ensure that enrolment and consent forms are returned, along with the payment of **\$40.00 per child** no later than Wednesday 14th of August. Spare copies of forms are available from the office or can be accessed on our website or Seesaw. Payment plans can be negotiated with our Manager Corporate Services, Dianne Carlshausen by contacting 9562 8600.

Not participating?

Interm swimming forms part of the school program and it is expected that all students participate. Swimming skills are important for all, but especially for children. Should your child not be participating in the series of Swimming Lessons, please inform the school at riva.ps@education.wa.edu.au so we can ensure that we are not following you up on missing payments and forms. Students not participating will remain at school and will be supervised while completing an appropriate package of work.

Be prepared

Students in Session 1 should arrive at school ready to swim, with their bathers on, covered by a school shirt, and their poncho / wrap / hoodie etc. For all other sessions, students change in to their swimming attire at school prior to departure for the swimming lesson. They will board the bus 'ready to swim' – with a towel wrap / robe / poncho towel / jacket or jumper over the top as appropriate. Students may wear thongs / flip flops or similar to and from swimming, but must have enclosed shoes for wear at school.

Long hair must be tied back. The swimming centre requires that jewellery is not worn during swimming. Jewellery should either be left at home, or deposited with the class teacher for safekeeping. Students require a separate waterproof or plastic bag for their change of clothes, and to contain their wet clothes when changing back from swimmers.

When exiting the pool, students should towel dry and then wrap, using a robe, poncho towel, hoodie or similar for the brief trip back to school to get changed. Should your child require changing at the pool or have specific requirements, please contact the school in advance of the series commencing and we will facilitate this. Students will get changed back into their school / dry clothing on return to school.

Mark your child's name on everything

Please clearly mark all items with your child's name. The best thing about uniforms is also the most difficult – they all look the same. Named items have much higher chances of being returned should they be misplaced.

Breaks, Lunch and Lunch Orders

Students in Session 3 will not be able to order their lunch through Munch Box during the swimming lesson series. Classroom teachers will advise of any adjustments made to breaks and eating times to support students. This may include moving *Crunch and Sip*, eating lunch at recess time, or requesting an extra snack is included in the lunchbox.

Getting there and back

The school has an undercover bus bay to facilitate seamless all-weather pick-ups. We have chartered seatbelt-equipped, modern and comfortable buses from West Coast Bus Charters. Students and staff travel to and from the lessons as per the timetable.

Staff supervision

Each swimming group is accompanied and supported by a minimum of four Riva Primary School staff, in addition to the swimming instructors at the centre. We also have additional assistants in the pool to support student needs.



Parent spectators

Parents may choose to visit Cockburn ARC during lessons, however, please note that admission fees are charged by Cockburn ARC (current \$2.70 per spectator, aged over 3 years). If visiting, please note that you can not take photos, and will be observing only – the students and instructors need to be left to concentrate on the lessons without distraction. Students will enter and exit Cockburn ARC via a service entrance, and proceed directly to the pool area or the buses, bypassing the public reception. If coming to spectate, please go through the public entrance, purchasing admission, and then proceed to the poolside.

Further information

Classroom teachers may give further updates or information specific to their particular session. Should you have any questions about the Intern Swimming Lessons, please do not hesitate to contact your child's classroom teacher or the school office at riva.ps@education.wa.edu.au

Kind regards



Aaron Chaplin
Principal
7th August 2024

